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2016 Recipes For Healthy & Whole Living Desktop Calendar



Synopsis

Enjoy simple, seasonal, and nourishing whole food recipes from A Couple Cooks. Each recipe is focused on getting flavor-packed and healthy ingredients on your table. The collection represents a variety of diets including vegetarian, vegan, and gluten-free, and recipes can be easily adapted to fit your particular lifestyle. You're sure to enjoy these delicious daily inspirations! All calendar pages are printed on FSC certified paper with environmentally safe inks.

Book Information

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Customer Reviews

I got this because I had TF publishing's recipe calendar last year. Not every recipe was a knock-out, but I got a lot of cool ideas. I'm also on Weightwatchers, so I wanted a similar calendar with more healthy recipes. I think this A Couple Cooks calendar is very creative, but I would call it more "wholesome" or "clean-eating" than healthy. For example, honey and dates are common sugar substitutes for dessert recipes, but ultimately the point/caloric values are still high. On the other side, I got recipes for salads, sandwiches, and dressed crackers, so light but not really interesting. Obviously I'm only in March, so there are hopefully many great recipes ahead, but I haven't been inclined to make one yet, and I made quite a few from last year's. I will say this calendar is gorgeous. Big color photos definitely draw the eye better than the plain text from 2015. This calendar also gives food tips on the weekends, which I find less useful than additional recipes. All in all, it's not exactly what I wanted, but it gives me a whole bunch of new recipes to think about. If I try one soon and it's awesome, I'll revise this, too.

Really excited to get this calendar. Wish it wasn't broken when I got it. But it was a gift and came just in time. So I glued it back and gave it to the person anyway. She still thinks it's really neat. Guess we will be trying some new meals next year.

The recipes in this calendar are very basic. As someone who's an adventurous cook, always looking for something new, interesting and flavorful, this calendar lacks ambition. As I'm writing this, today's recipe is Roasted Cauliflower. Can you guess how to roast cauliflower without looking at a recipe? I sure can. Does this recipe give me any new ideas? Um. Add garlic and lemon juice instead of the usual oil, salt and pepper. Thanks guys. I already do that to my asparagus. I purchased this wanting it to give me new ideas each day, to shake up our dinner routine. I've ended up throwing 75% of them away, keeping the most innovative, like Frozen Mint Chocolate Tarts made with coconut milk and Medjool dates. Sounds awesome! If only the other 75% were just as awesome. I gave it two stars for the 25% I keep. Maybe I need to come out with a Daily Dinner Calendar, since it seems no one else has. Hey "Food Fest 365", why don't YOU have a desk calendar yet? I love your book, could use a daily reminder of your awesomeness... Just Sayin'.

I was so excited when I saw that A Couple Cooks produced a daily calendar for 2016. Having 365 of their healthy and scrumptious recipes in a calendar is fantastic! As always, their photographs are beautiful, and the recipes are easy to follow. Our plan is to try out these recipes and keep the calendar, long after 2016.... I highly recommend you try these recipes - you will not be disappointed.

Wish there had been something in the description about the fact that this was a more vegetarian/meatless style of cooking. The recipes seem nice, but don't think I will make many of them as this is not the style of cooking my family enjoys. But then again, Meatless Mondays may be happening more frequently around here!

Boxed calendars related to cooking are harder to find. Like the page a day format. Gave it as a gift.

The calendar itself is nice and has good recipes and cooking tips. However, the packaging was in bad condition and the calendar was broken when it arrived.

Gift and daughter loves it.

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